

# My Monthly Goals



**THIS MONTH'S GOAL:** \_\_\_\_\_

My biggest challenges: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Time To Break It Down...

## WEEKLY GOALS

WEEK ONE: \_\_\_\_\_

I'll make this happen by:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

WEEK TWO: \_\_\_\_\_

I'll make this happen by:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

WEEK THREE: \_\_\_\_\_

I'll make this happen by:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

WEEK FOUR: \_\_\_\_\_

I'll make this happen by:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_